What has in Common in the Relationships of the Adolescents with the Authoritative Parents and Their Close Friend?

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Abstract

The aim of this study: is to evaluate only the characteristics in common between the relationship of the adolescents with their authoritative parents and their relationship with the close friend. Methodology: This study is a mix one, because it is both quantitative and qualitative. It's conducted at first with 25 pupils the questionnaire “What's your parenting style” (Active Parenting Publishers). The questionnaire is divided into two parts with 15 statements each. Part I is designed to help the identifying of the beliefs about parenting. Part II is focused on the current home situation. For each statement there is a scale of agreement 1 to 5: 1 - strongly disagree; 2, - disagree; 3, - neutral; 4, - agree; 5 - strongly agree. The highest combined score suggests the style of parenting that the adolescent’s parents are currently using. Then with only 15 of them that result to have an authoritative parenting style it’s conducted the interview “How authoritative parenting style influences the social relationship with the close friend?” that contains 7 opened questions. This study has been realized in the public middle school “Jordan Misja” of Shkodra (Albania), in april 2018. Conclusions: From the conducted interviews resulted that the adolescents appreciated more in their both relationship (with the affiliated parent and the close friend): love despite the mistakes (that’s mean the adolescent is not afraid that can be excluded for a mistake); the good communication (that’s mean understanding); the continual support (that’s mean they help him/her whenever it is needed).

Keywords: adolescent, authoritative parenting style, close friend

Introduction

Authoritative parents are high in responsiveness and demandingness and exhibit more supportive than harsh behaviors. Authoritative parents encourage verbal give and take, convey the reasoning behind rules, and use reason, power, and shaping to reinforce objectives. This parenting style is most often associated with positive adolescent outcomes and has been found to be the most effective and beneficial style of parenting among most families. It is well established that authoritative parenting fosters adolescents’ positive well-being1. Adolescents with authoritative parents are less prone to externalizing behaviors, and specifically are less likely to engage in drug use than individuals with uninvolved parents2. Recent findings show that positive effects of authoritative parenting are amplified when both parents engage in an authoritative parenting style3. Findings from this study suggest that the authoritative parenting style is associated with the lowest levels of depression and the highest levels of school commitment among adolescents. This study also indicated that having at least one authoritative parent fosters better outcomes than family parenting styles that do not include an authoritative parent. In another study, adolescents whose parents are both authoritative or whose mother alone is authoritative report higher well-being, such as higher self-esteem and life-satisfaction, than participants with no authoritative parent4. Similarly, researchers controlled for several mother-related variables and found that having an authoritative father

was associated with positive outcomes among adolescents. These research findings suggest that regardless of gender of the parent, the presence of even one authoritative parent is beneficial for adolescent outcomes.

Interestingly, researchers found that monitoring varies among parenting styles. Researchers found that authoritative parents exhibit higher levels of parental monitoring during their child’s childhood and slight decreases across adolescence. These findings suggest that authoritative parents somewhat relinquish their monitoring in response to adolescents' increasing demands for independent decision-making.

<table>
<thead>
<tr>
<th>Authoritative parent</th>
<th>The adolescent</th>
<th>Authoritarian parent</th>
<th>The adolescent</th>
<th>Permissive parent</th>
<th>The adolescent</th>
</tr>
</thead>
<tbody>
<tr>
<td>He/she has a clear idea of the type of discipline (rules).</td>
<td>He/she trusts in his abilities, is competent and shows interest in things.</td>
<td>Demands to obey but does not provide information.</td>
<td>He/she is withdrawn from social life; tends to be anxious, frustrated, and has low self-esteem.</td>
<td>He/she is not strict and there is no expectation for children.</td>
<td>There are no concrete goals that seek to achieve, display low interest.</td>
</tr>
<tr>
<td>Controls children and requires concrete results from them.</td>
<td>He/she is independent, confident, friendly with his peers, cooperative with his parents, happy, motivated in achieving the results.</td>
<td>Uses intimidation and punishment.</td>
<td>Displays spontaneity shortage.</td>
<td>He/she is a little coherent in terms of discipline, there are little or no rules.</td>
<td>Is positive and alive, has good humor, but is immature regarding to self-control, social responsibility and self-confidence.</td>
</tr>
<tr>
<td>Respects the child's wishes.</td>
<td>He/she has developed critical sense and fits easily.</td>
<td>Does not bring children closer, but puts the emphasis on parenting power and control.</td>
<td>He/she's obedient, but a bit dear.</td>
<td>He/she is not punishing.</td>
<td>He/she tends to be aggressive.</td>
</tr>
<tr>
<td>There are realistic expectations for the child to behave according to his age and ability.</td>
<td>He/she has optimum self-esteem.</td>
<td>Expresses various assessments and judgments, but rarely praises or appreciates what the child says or does.</td>
<td>Girls become dependent and lack motivation for realizing the goals they can have in life.</td>
<td>He/she does not orientate the child in the choices he/she makes.</td>
<td>He/she thinks the parent is not interested in him/her at all.</td>
</tr>
<tr>
<td>Interested in the child's feelings and opinions.</td>
<td></td>
<td>Imposes non-flexible rules.</td>
<td>Boys tend to be aggressive and provocative to others (behavioral problems, social problems, are rejected by society).</td>
<td>Does not feel responsible for correcting children.</td>
<td>He/she feels lack of support in difficult times.</td>
</tr>
<tr>
<td>Give explanations for the decisions it takes.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Show his feelings authentically.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Empathic to the child, evaluating his words, feelings, and experiences.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Assess him/herself and his/her child, trusts in him/herself and in his/her child.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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Keywords: Adolescent – is a young man who is experiencing the process of development and conversion from one child to one adult.

Authoritative parenting style – is a parental style characterized by respectable and responsible parents; as well as from an approach that puts the child in the center, to which they exhibit high expectations but at the same time give importance to what he feels.

Close friend - can be defined as a person with whom you can talk everything, that makes you feel comfortable, not frightened and judged. Also, it may be an ever-present person in your life, willing to take care of your well-being.

The methodology / The sample:

This study is a mix one, because it is both quantitative and qualitative.

It’s conducted at first with 25 pupils (the questionnaire) and then with only 15 of them (the interview) in the public middle school “Jordan Misja” of Shkodra (Albania), in april 2018.

The methodology / The questionnaire “What’s your parenting style” (Active Parenting Publishers):

The questionnaire is divided into two parts with 15 statements each.

Part I is designed to help the identifying of the beliefs about parenting.

Part II is focused on the current home situation. For each statement there is a scale of agreement 1 to 5, that corresponds to the level of agreement:

1 - strongly disagree
2.- disagree;
3.- neutral;
4.- agree
5 - strongly agree

Autocratic beliefs score: statements 2+4+8+12+13
Permissive beliefs score: statements 1+5+7+11+15
Authoritative beliefs score: statements 3+6+9+10+14

Autocratic actions score: statements 17+19+22+24+28
Permissive actions score: statements 16+20+23+25+29
Authoritative actions score: statements 18+21+26+27+30

Beliefs Actions Combined:

Autocratic ___ + ___ = ___
Permissive ___ + ___ = ___
Authoritative ___ + ___ = ___

The highest combined score suggests the style of parenting that the adolescent’s parents are currently using.

The methodology / The interview “What characteristics have in common the relationships of the adolescents with the authoritative parents and their close friend?”:

The interview contains 6 open questions:

1 – With which of your parents you are more affiliated?
2 – What do you appreciate more about him/her? (not less than 3 qualities)

3 – Which are some of the characteristics of your relationship with your affiliated parent?

4 – How long do you know your close friend?

5 – What do you appreciate more about him/her? (not less than 3 qualities)

6 – Which are some of the characteristics of your relationship with your close friend?

7 – Based on what we said above, what do you think that have in common your relationship with your affiliated parent and your relationship with your close friend? (not less than 3 characteristics)

I have taken into consideration the Keywords that have been repeated 3 or more times by the respondents, because the questions request not less than 3 characteristics.

Results of the study

Graph 1.

Concerned to the interview, the answers of to the respondents are generally nouns and verbs phrases, in some cases descriptive affirmative sentences.

They are clear, understandable and express specific thoughts for what is required.

It seems to be no ambiguity or variation for interpretations.

<table>
<thead>
<tr>
<th>Believable</th>
<th>Correct</th>
<th>Affectionate</th>
<th>Persistent</th>
<th>Good expects</th>
</tr>
</thead>
<tbody>
<tr>
<td>I trust in him/her</td>
<td>honest what he/she says is consistent with what he/she does</td>
<td>peaceful keeps closed</td>
<td>constant attitudes</td>
<td>believes that I can handle it</td>
</tr>
<tr>
<td>I trust him/her has not abandoned me</td>
<td>helps me always</td>
<td>lovely interested in what I say and do</td>
<td>coherent</td>
<td>believes in my abilities</td>
</tr>
<tr>
<td>has supported me in everything</td>
<td>does not want to know more than it is respects what I feel and think</td>
<td>empathic kindness positively</td>
<td>strong character</td>
<td>has positive expectations for my future</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>patient</td>
<td>appreciates my future</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>persevering</td>
<td>planes</td>
</tr>
</tbody>
</table>

Tab.1

Respondents’ answers to the second question describe what appreciate more to the authoritative parent with which are more affiliated.

All respondents’ responses are grouped into 5 keywords.
Below is presented what summarizes each key word based on respondents' responses:

Respondents' answers to the **third question** describe the characteristics of their relationship with the authoritative parent with whom they are more affiliated.

All respondents' responses are grouped into **3 keywords**.

Below is presented what summarizes each key word based on respondents' responses:

<table>
<thead>
<tr>
<th>Love despite the mistakes</th>
<th>Good communication</th>
<th>Supporting</th>
</tr>
</thead>
<tbody>
<tr>
<td>he/she loves me even when I do mistakes</td>
<td>considers my feelings</td>
<td>he/she always expresses the will to understand my needs and desires</td>
</tr>
<tr>
<td>I continue to feel his/her affection even when I am wrong</td>
<td>considers what I think</td>
<td>does not judge what I say</td>
</tr>
<tr>
<td>his/her love for me does not change when I do mistakes</td>
<td>is a very good listener</td>
<td>respects my way of perceiving things</td>
</tr>
<tr>
<td>he/she still cares about me even when I am wrong</td>
<td>does not judge what I say</td>
<td>does not interrupt me when I'm talking to</td>
</tr>
<tr>
<td>he/she gives me the best of him/her no matter how things go</td>
<td>respects my way of perceiving things</td>
<td>does not impose in what I mean</td>
</tr>
</tbody>
</table>

Tab.2

Respondents' answers to the **fifth question** describe what appreciate more to their closed friend.

All respondents' responses are grouped into **4 keywords**.

Below is presented what summarizes each key word based on respondents' responses:

<table>
<thead>
<tr>
<th>Believable</th>
<th>Affectinicate</th>
<th>Correct</th>
<th>Persistent</th>
</tr>
</thead>
<tbody>
<tr>
<td>I can trust in him/her keeps secrets does not betray me honest I talk freely with him/her</td>
<td>Kindness positively lovely careful</td>
<td>has never lied to me honest does not deal with speculations respects the limits original in what says and does</td>
<td>coherent encourages me never gives up strong character</td>
</tr>
</tbody>
</table>

Tab.3

Respondents' answers to the **sixth question** describe the characteristics of their relationship with the closed friend.

All respondents' responses are grouped into **3 keywords**.

Below is presented what summarizes each key word based on respondents' responses:

<table>
<thead>
<tr>
<th>Love despite the mistakes</th>
<th>Good communication</th>
<th>Supporting</th>
</tr>
</thead>
<tbody>
<tr>
<td>he/she loves me and takes care even when I'm in troubles he/she does not go away from me when I do mistakes he/she forgives me when I'm wrong</td>
<td>listens to me whenever I need to talk does not judge what I say respects my thoughts and feelings takes always the positive side of things understands me always quiet not imposed</td>
<td>supports me in everything I know that I have a shoulder to stand on it Is my right arm in what I do Helps me to solve my problems Helps me to do my best</td>
</tr>
</tbody>
</table>

Tab.4

Now, I am presenting below a summary of the using keywords by the 15 respondents:
Affectionate + + + + + + +
Persistent + + + + + + +
Good expects + + + + + + +

| 3 | Love despite the mistakes | + | + | + | + | + | + | + |
|   | Good communication        | + | + | + | + | + | + | + |
|   | Supporting                | + | + | + | + | + | + | + |

| 4 | > 4 years | 3 years | >3 years | 2 years | 3 years | >3 years | 3 years | >4 years | 2 years | 3 years | >3 years | 2 years | >3 years |
|   | ya rs     | ya rs   | ya rs    | ya rs   | ya rs   | ya rs    | ya rs   | ya rs    | ya rs   | ya rs   | ya rs    | ya rs   | ya rs    |
| Believable | + | + | + | + | + | + | + | + | + | + | + | + | + |
| Affectionate | + | + | + | + | + | + | + | + | + | + | + | + | + |
| Correct | + | + | + | + | + | + | + | + | + | + | + | + | + |
| Persistent | + | + | + | + | + | + | + | + | + | + | + | + | + |

| 6 | Love despite the mistakes | + | + | + | + | + | + | + | + | + | + | + | + | + |
|   | Good communication        | + | + | + | + | + | + | + | + | + | + | + | + | + |
|   | Supporting                | + | + | + | + | + | + | + | + | + | + | + | + | + |

Tab.5

Discussion & conclusions

Referring to the graph 1, we can notice that:

Dominate the adolescents with authoritative parents (15; that have conducted the interview), then come them with autocratic parents (6) and finally come them with permissive parents (4).

Referring to table 1, we can notice that:

The adolescents describe their affiliated authoritative parent as a person that mainly:

can trust in him/her
what he/she says is consistent with what he/she does
does not want to know more than it is
is lovely
is positively
is coherent
when they fall, he/she encourages them to fight for what they want
has positive expectations for their future
appreciates their future plans

Referring to table 2, we can notice that:

The adolescents describe their relationship with their affiliated authoritative parent in this way:

they continue to feel his/her affection even when they are wrong
he/she still cares about them even when they are wrong
he/she respects their way of perceiving things
he/she does not impose in what they mean
he/she is always there for them
he/she does not take away from them when the fall

Referring to table 3, we can notice that:
The adolescents describe their closed friend as a person that mainly:
keeps secrets
does not betray them
is kindness
is positively
is honest
respects their limits
encourages them
never gives up

Referring to table 4, we can notice that:
The adolescents describe their relationship with their closed friend in this way:
he/she forgives them when they are wrong
listens to them whenever they need to talk
does not judge what they say
understands them always
is a shoulder to stand always on it
helps them to solve their problems

Referring to table 5, we can notice that:
The adolescents have a closed relationship with their best friend from relatively 2-3 years and more.
The adolescents appreciate more about their parents the fact that they are believable, correct, affectionate, persistent and have good expects for them.
The adolescents appreciate more about their relationship with their parents that it’s characterized by good communication, love despite the mistakes and continuous supporting.
The adolescents appreciate more about their closed friend the fact that he/she is believable, affectionate, correct and persistent.
The adolescents appreciate more about their relationship with their parents that it’s characterized by love despite the mistakes, good communication and continuous supporting.

By comparing results of questions 2 and 5 and 3 and 6, we can see that the adolescents have said almost the same characteristics but aligned in different way. We don’t know exactly if they are aligned in different way by their importance for them or randomly thinking at the moment.

By comparing results of questions 2 and 5, we understand that the authoritative parents of the adolescents and their closed friend have a lot in common, but the most important characteristic in common is ‘believable’ (aligned first in the two cases).

By comparing results of questions 3 and 6, we understand that the relationships between adolescents with their authoritative parents and also with their closed friend have a lot in common too, but the less important characteristic in common seems to be ‘continuous supporting’ (aligned third in the two cases).
Based on the existence of the common positive characteristics and almost the same appreciated ones, we can conclude that the authoritative parents influence positively the relationship between the adolescents and their closed friend.

**Recommendations**

Based on the positive relationship that the adolescents have with their authoritative parent and its positive influence on selecting a close friend with positive features and building a friendly relationship for the benefit of the adolescent, we can give some advices to the authoritarian and tolerant parents:

Try to make effective communication with your children, based on freedom, respect and understanding.

Try to put rules together with your children and give them always love, whether they fail or succeed.

Try to leave the needed space to the children to be self-evident and motivated them to express what they feel and think, without imposing them.

Try to be a positive model for them in communication, attitudes and behaviors, so they will have a valid model where to base on choosing people with whom will stay close during their life.

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